

After your enteroscopy

1. You will be monitored in a recovery room until most of the effects of sedation have worn off.
2. A copy of your procedure report will be given to you to take to your referring doctor.
3. Because of the sedation you **will not** be able to drive, operate machinery, sign legal documents or drink alcohol for the rest of the day. You must have a friend or relative to accompany you home by car or taxi and they must stay with you overnight.
4. You might feel bloating or some mild cramping after your procedure. The cramping may disappear when you pass wind.
5. If you have severe pain or feel very unwell you should call 03 9231 2211 and ask to be transferred to the Emergency Department.

To confirm or cancel your appointment or if you require further assistance

Contact

St Vincent's Waiting List Officer (general enquiries)
Tel: (03) 9231 2272 (Monday to Friday,
8:30am–4:30pm)

St Vincent's Hospital (general enquiries)
Tel: (03) 9231 2211

If your clinical condition has changed since your initial assessment, please contact the Liaison nurse on 9231 2322

Address

Day Procedures and Endoscopy
St Vincent's
1st Floor, Inpatient Services (Building A)
Princes Street
Fitzroy VIC 3065



Small Bowel Enteroscopy

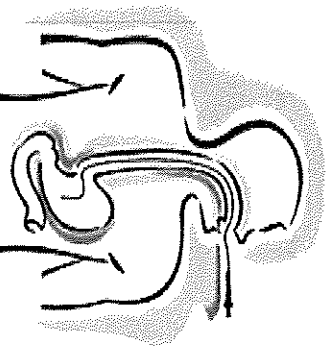
Essential Information and
Instructions for Patients

MUST READ

The procedure

Your doctor has referred you for a small bowel enteroscopy. This is an examination of the upper gastrointestinal tract and approximately one metre of the small intestine. A small flexible tube with a camera is used to examine the gastrointestinal tract including the oesophagus, stomach and first part of the small bowel (see image below). The procedure will take approximately 30 to 60 minutes. Biopsies may be taken or polyps removed during the procedure. The minimum recovery time is one hour.

It is important that you follow the instructions in this brochure carefully to ensure that your procedure is effective.



*Image courtesy of
www.gesa.org.au*

Safety and risks

Complications are very rare in small bowel enteroscopy. However there are some serious complications that you should be aware of including:

- Bleeding (usually only if biopsies are taken or polyps removed)
- Reaction to sedatives
- Complications from heart or lung disease
- Perforation (a tear in the gastrointestinal tract lining)

It is possible if these serious complications occur that you may require surgery or blood transfusion.

One week before your enteroscopy

1. Call Waiting List Officer on 03 9231 2272 to confirm your appointment.
2. Arrange for a friend or relative to accompany you home by car or taxi after your procedure and they must stay with you overnight.
3. Please cease the following medications, if you are taking them: iron tablets and drugs to stop diarrhoea.
4. If you have diabetes and take any tablets or insulin, you must discuss this with your GP.

The day before your enteroscopy

1. Take your regular medications at the usual time **except** for medications that are being withheld for the procedure (as directed by your doctor).
2. You may eat and drink normally up until **MIDNIGHT**. No solid food or milk should be consumed after this time.

On the day of your enteroscopy

1. Do NOT eat after midnight, however you may drink **water or apple juice** (CLEAR not cloudy) up until **6am** to assist with your hydration.
2. You may take your usual medications with the above fluids at 6am, except for medications that are being withheld for the procedure
3. Wear comfortable clothing and flat shoes. DO NOT wear jewellery or bring valuables.
4. Please report to the reception desk – Day Procedures, 1st Floor, Inpatient Services (Building A) at your appointment time.
5. Prepare to be at St. Vincent's for a minimum of 5 to 6 hours (bring something to read).